

# U.S. Plans to Increase the Medical Workforce

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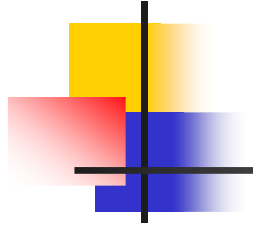
Chair, Department of Community and Family Medicine

Duke University Medical Center

Chair, Council of Academic Societies, AAMC

North Carolina Institute of Medicine

February 13, 2006



# *Data From*

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Edward Salsberg  
Center for Workforce Studies  
Association of American Medical Colleges

Washington DC,  
February, 2006

# Overview of Presentation



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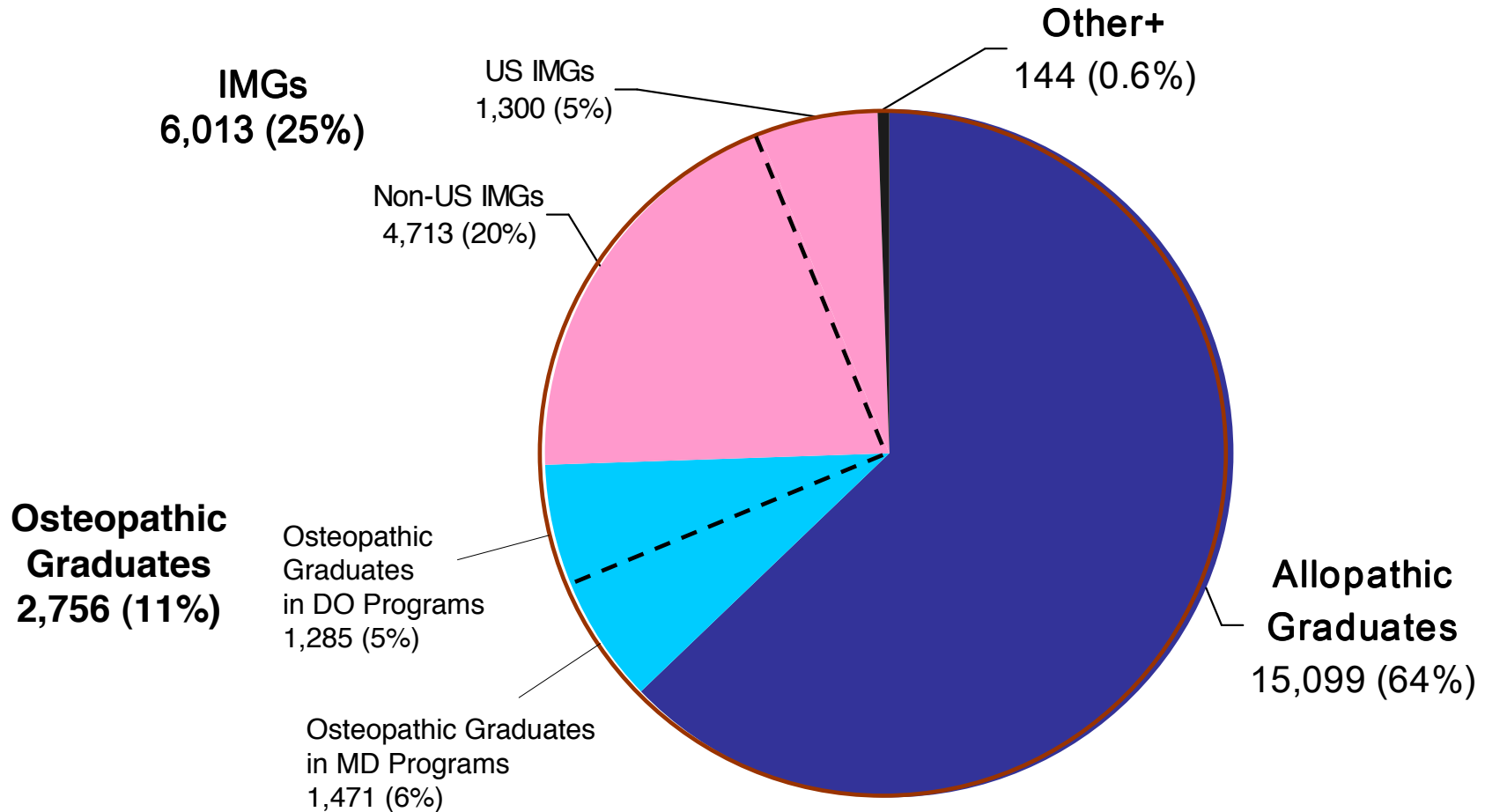
Part I – Update on the Medical Workforce

Part II – Issues in Expanding Enrollment

Part III – Shift to New Models of Care

# Number and Source of Physicians Entering Training in 2004

**24,012 Entered MD and DO Training in 2004**

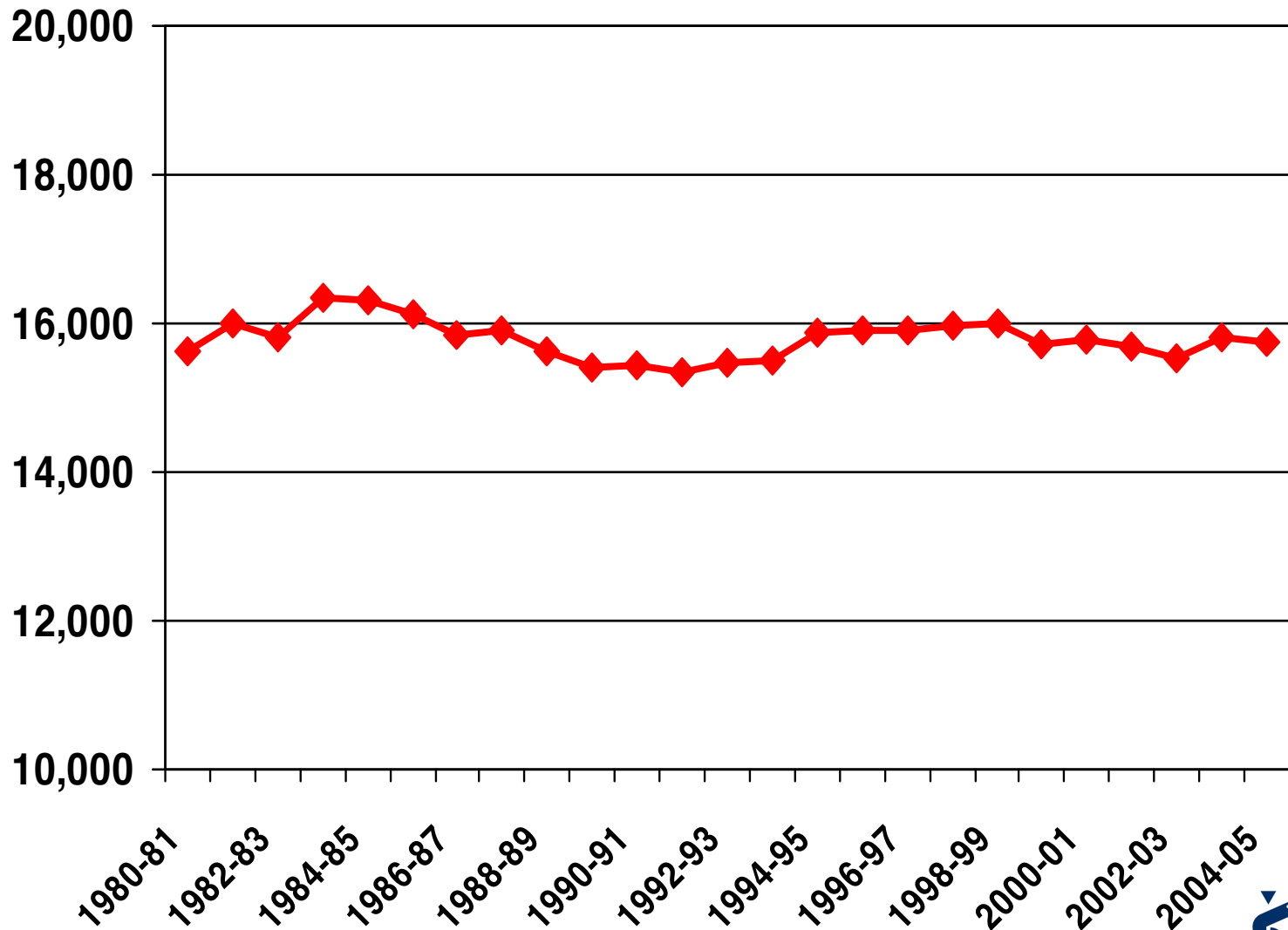


\* Total IMGs = 6,013; Distribution among US and Non-US IMGs is estimated.

+ Includes Canadian Graduates (72)

Source: AAMC GMETrack and AOA Master File

# Allopathic Graduation Trends

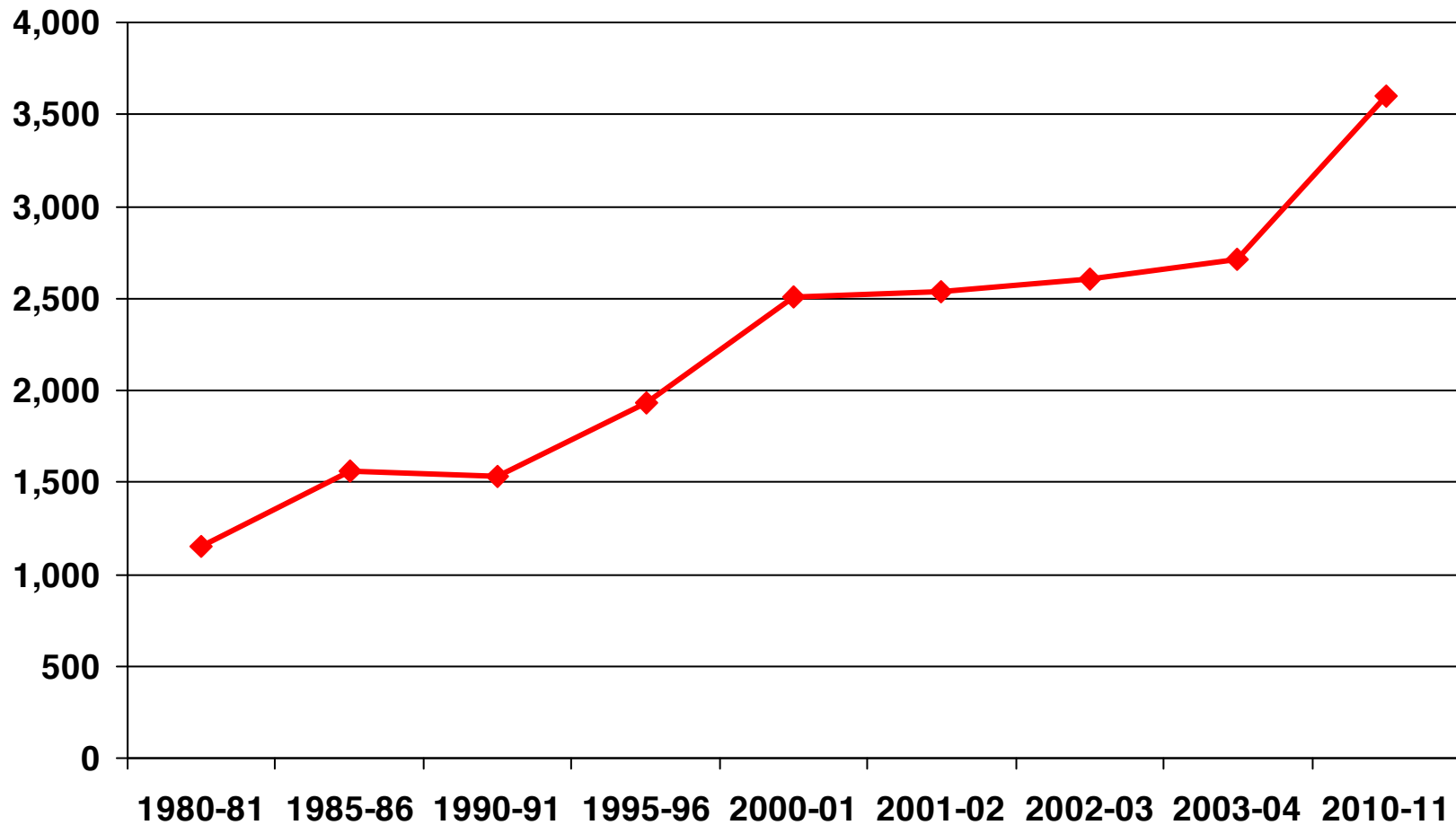


Source: AAMC Data Book, AAMC Facts

Prepared by AAMC, Center for Workforce Studies, Jan 2006



# Osteopathic Graduation Trends

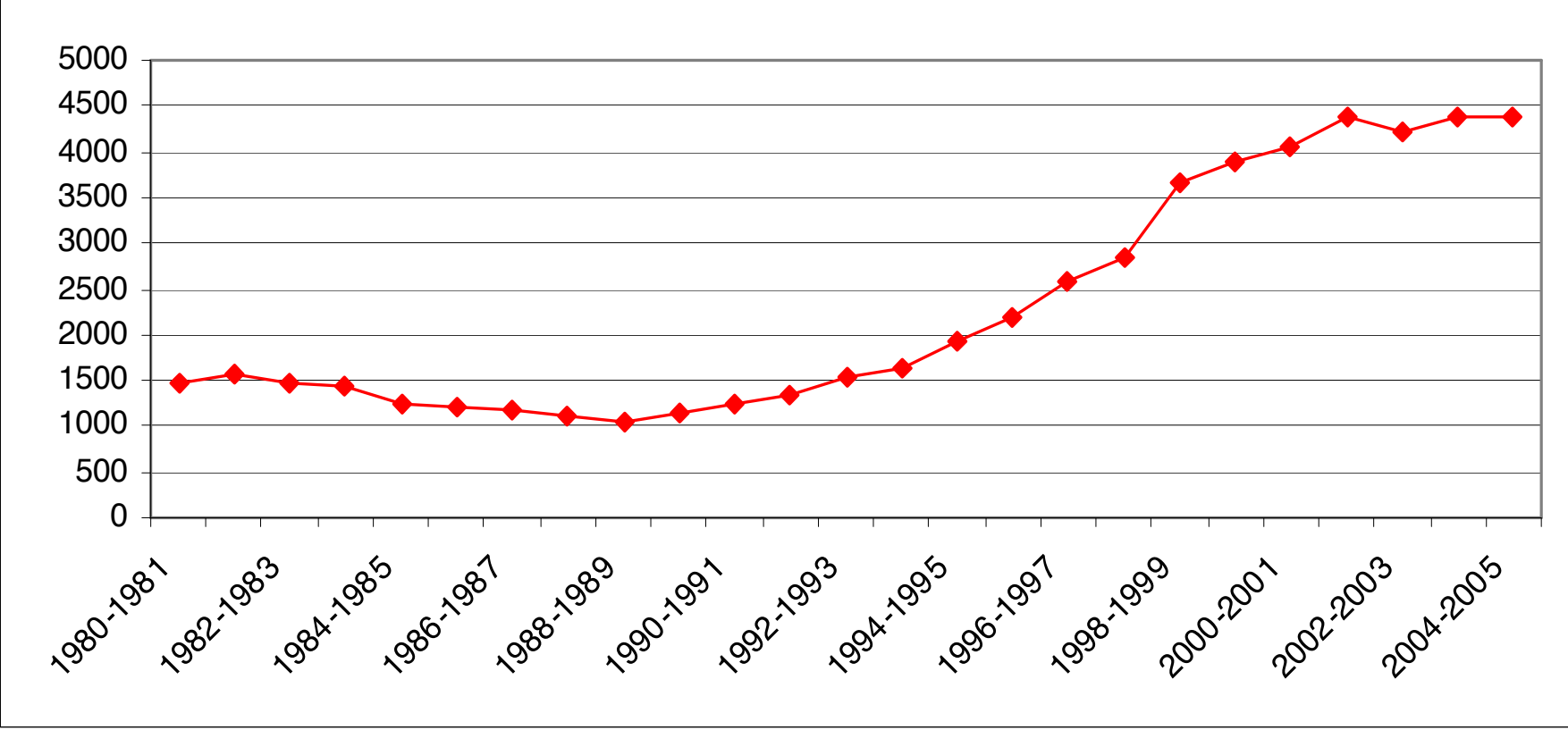


Sources: 2004 Annual Report on Osteopathic Medical Education

\*2010-11 Osteopathic graduates projection is extrapolated from AACOM 2003-06 projections of enrollment

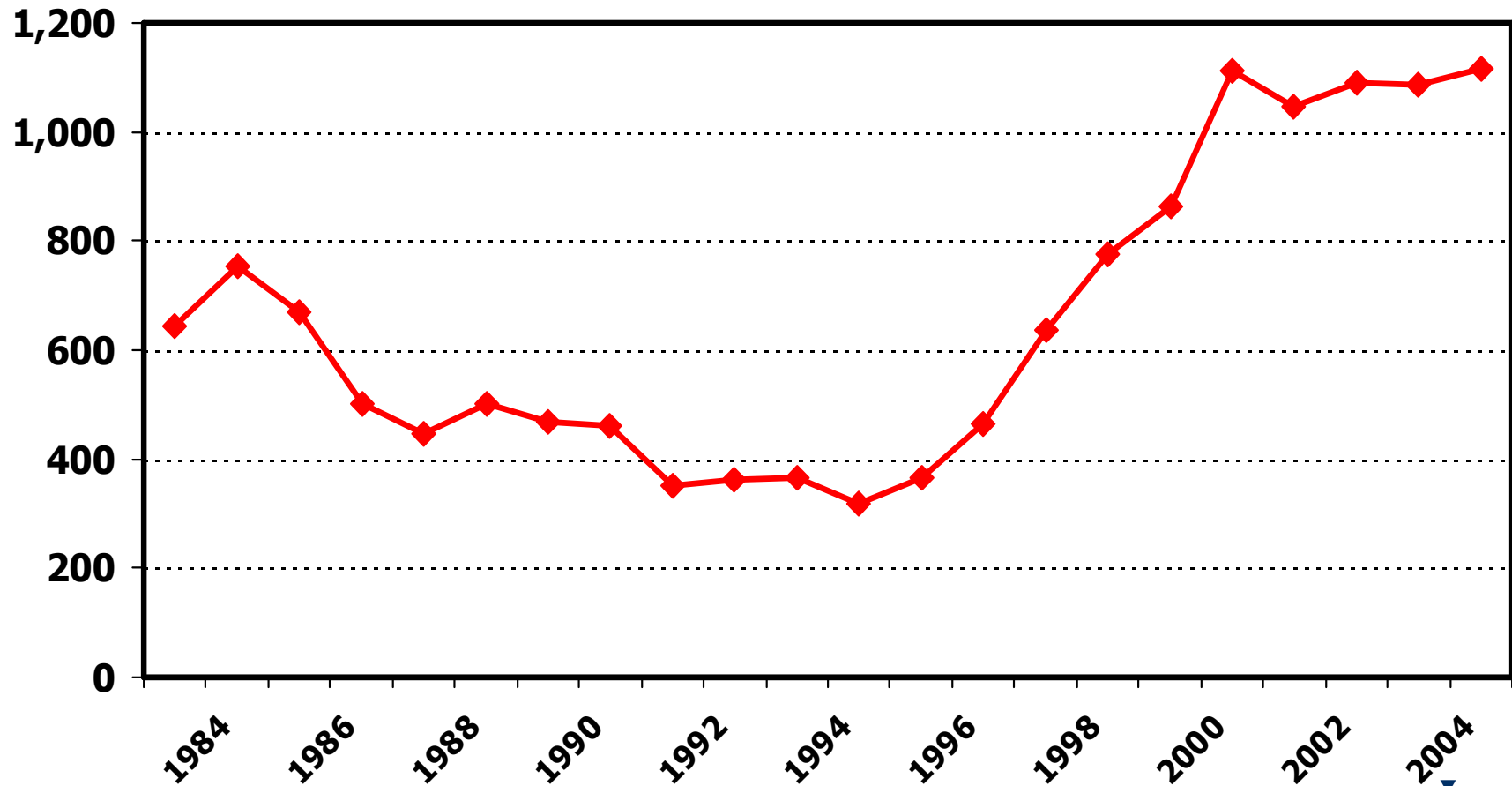


# PA Pipeline, 1980-2005



Source: AAPA

# Number of US-IMG Matches in the NRMP, 1983-2004

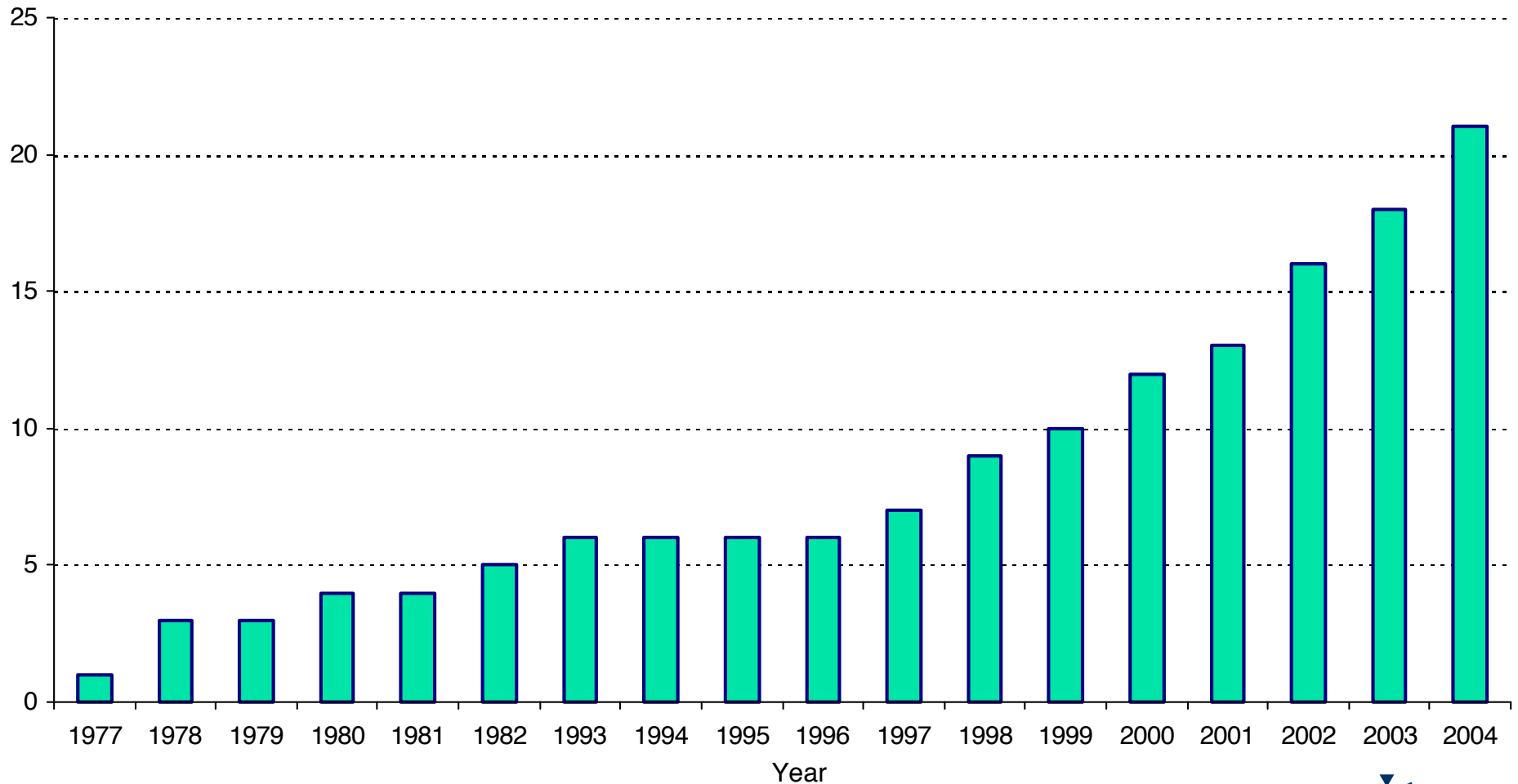


Source: AAMC





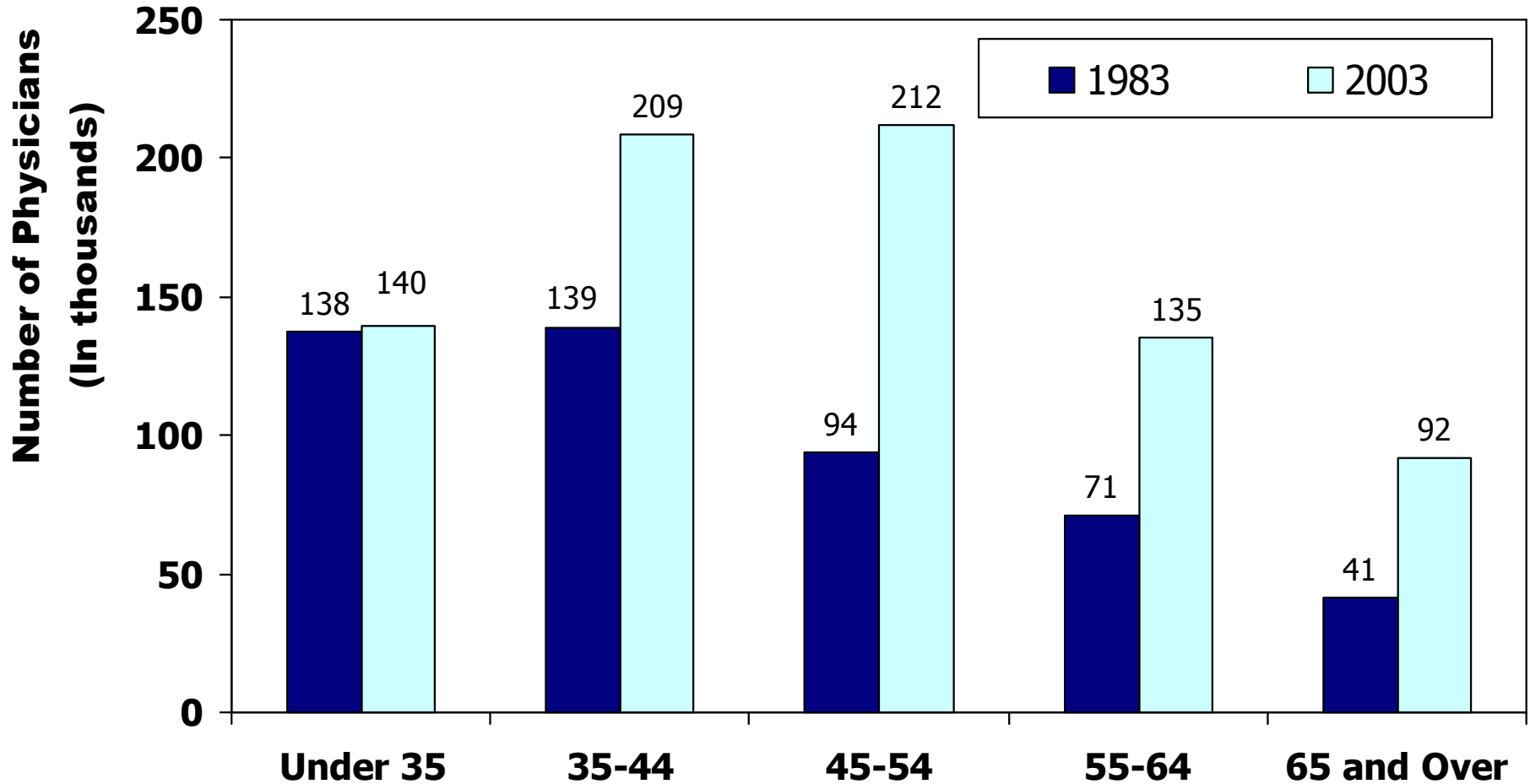
# Cumulative Number of Caribbean Medical Schools by Year of Establishment



Source: List of Caribbean Medical Schools (<http://www.valuemd.com/index.php>) & ECFMG's IMED



# Active Physician Age Distribution 1983 and 2003

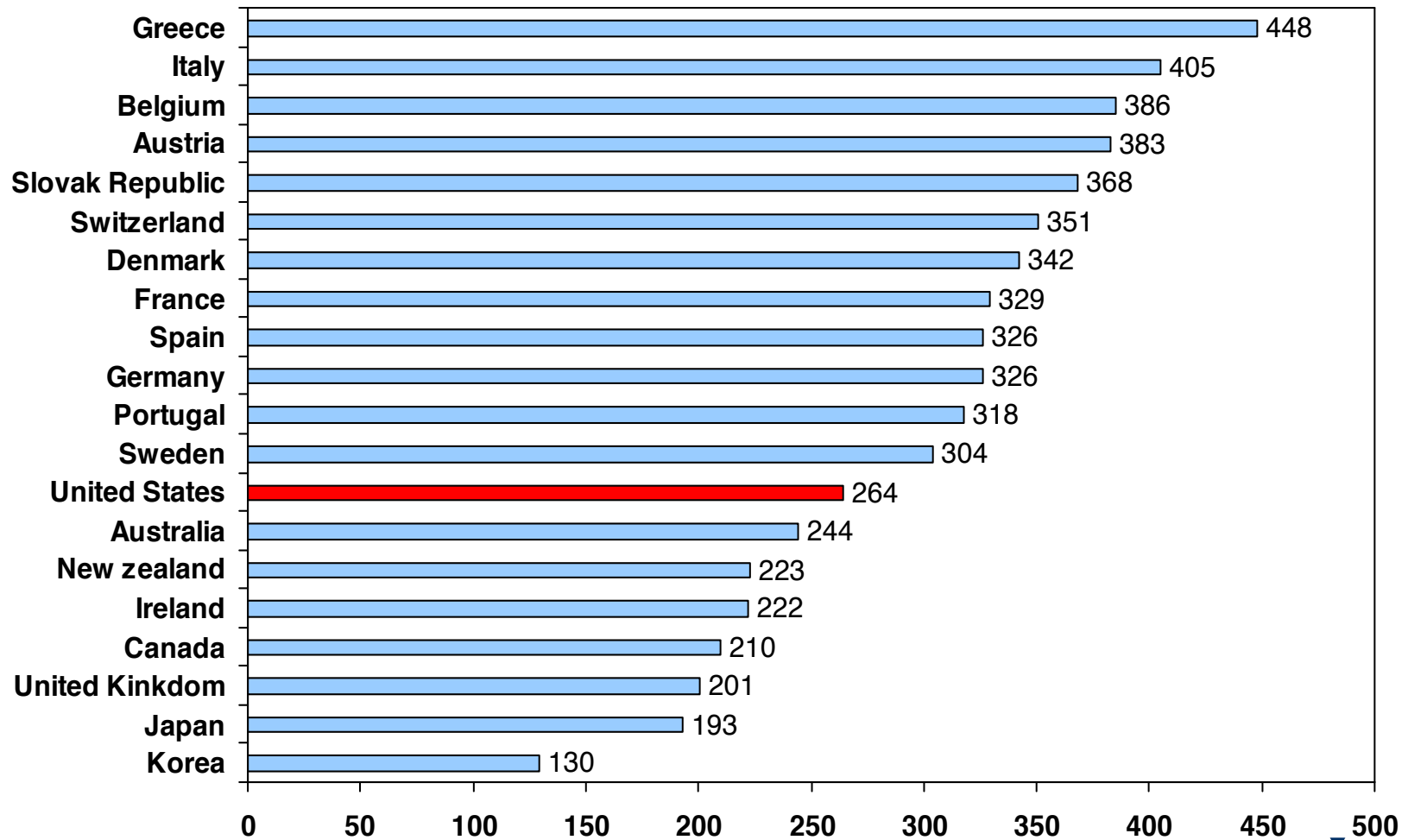


Source: AMA PCD 2005 Edition.  
Prepared by AAMC Center for Workforce Studies, Jan 2006



# The Per Capita Number of Physicians in the US is Lower Than Most Developed Countries

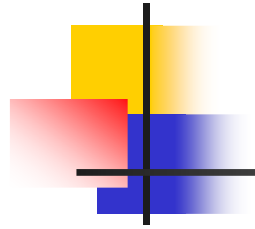
## Physicians Per 100,000, 2000



Source: The Supply of Physician Services in OECD Countries. OECD, Steven Simoens & Jeremy Hurst. Health Working Papers. 2006

Prepare by AAMC Center for Workforce Studies, Jan 2006.





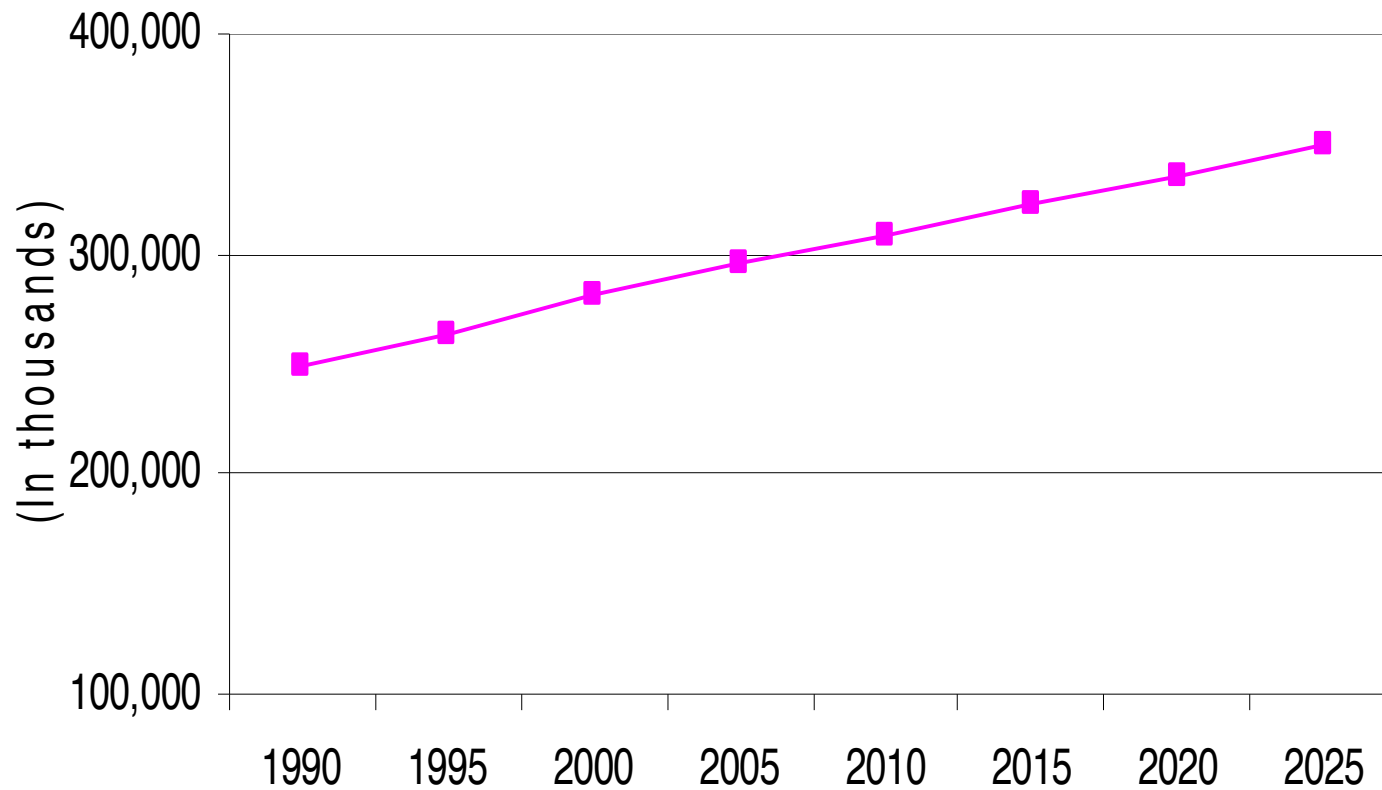
# Demand for Physician Services

# Key Factors Influencing Future Demand for Physician Services

- Population growth ↑
- Aging of the population ↑
- Public expectations ↑
- Economic growth of the nation ↑
- National investment in health care interventions ↑
- Advances in medicine leading to improved diagnosis and treatment ↑ ↓
- Changes in organization, delivery financing ↑ ↓
- Efforts to weed out unnecessary/marginally beneficial services ↓
- Cost containment efforts ↓

# U.S. Population Growth: 1990 – 2025

## The Nation is Growing by 25 Million per Decade



Source: U.S. Bureau of Census Annual Population Estimates by Age Group, Sex, selected Year for 1990-2000; Interim Projections Consistent with Census 2000  
Prepared by AAMC, Center for Workforce Studies



# The Eleven Most Costly Medical Conditions Are Far More Prevalent Among the Elderly, US 2000

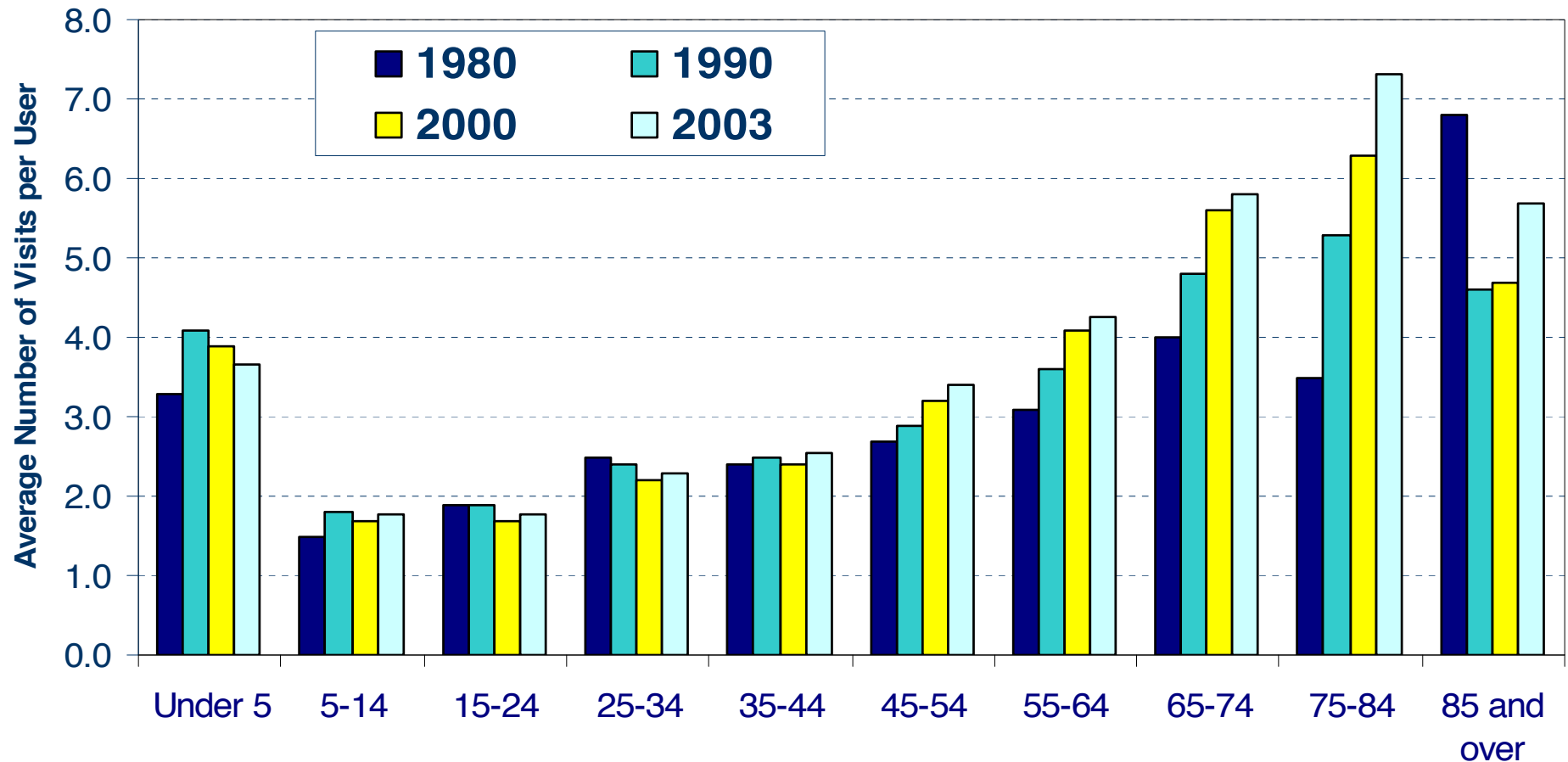
Condition	Treated Prevalence per 100,000	Spending (millions of dollars)	% in total health care spending
<b>Heart disease</b>	6,226	56,700	<b>9%</b>
<b>Trauma</b>	12,338	41,100	<b>7%</b>
<b>Cancer</b>	3,348	38,900	<b>6%</b>
<b>Pulmonary conditions</b>	15,526	36,500	<b>6%</b>
<b>Mental disorders</b>	8,575	34,400	<b>5%</b>
<b>Hypertension</b>	11,382	23,400	<b>4%</b>
<b>Diabetes</b>	4,260	18,300	<b>3%</b>
<b>Arthritis</b>	6,966	17,700	<b>3%</b>
<b>Back problems</b>	5,092	17,500	<b>3%</b>
<b>Cerebrovascular disease</b>	854	15,000	<b>2%</b>
<b>Pneumonia</b>	1,370	12,600	<b>2%</b>
<b>Total</b>		<b>312,000</b>	<b>50%</b>

Source: Thorpe, K.E., C.S. Florence, & P. Joski (2004)  
Prepared by AAMC Center for Workforce Studies



# Visit Rates are Higher and Growing for Those Over 45

## Ambulatory Care Visits to Physician Offices and Clinics, 1980-2003

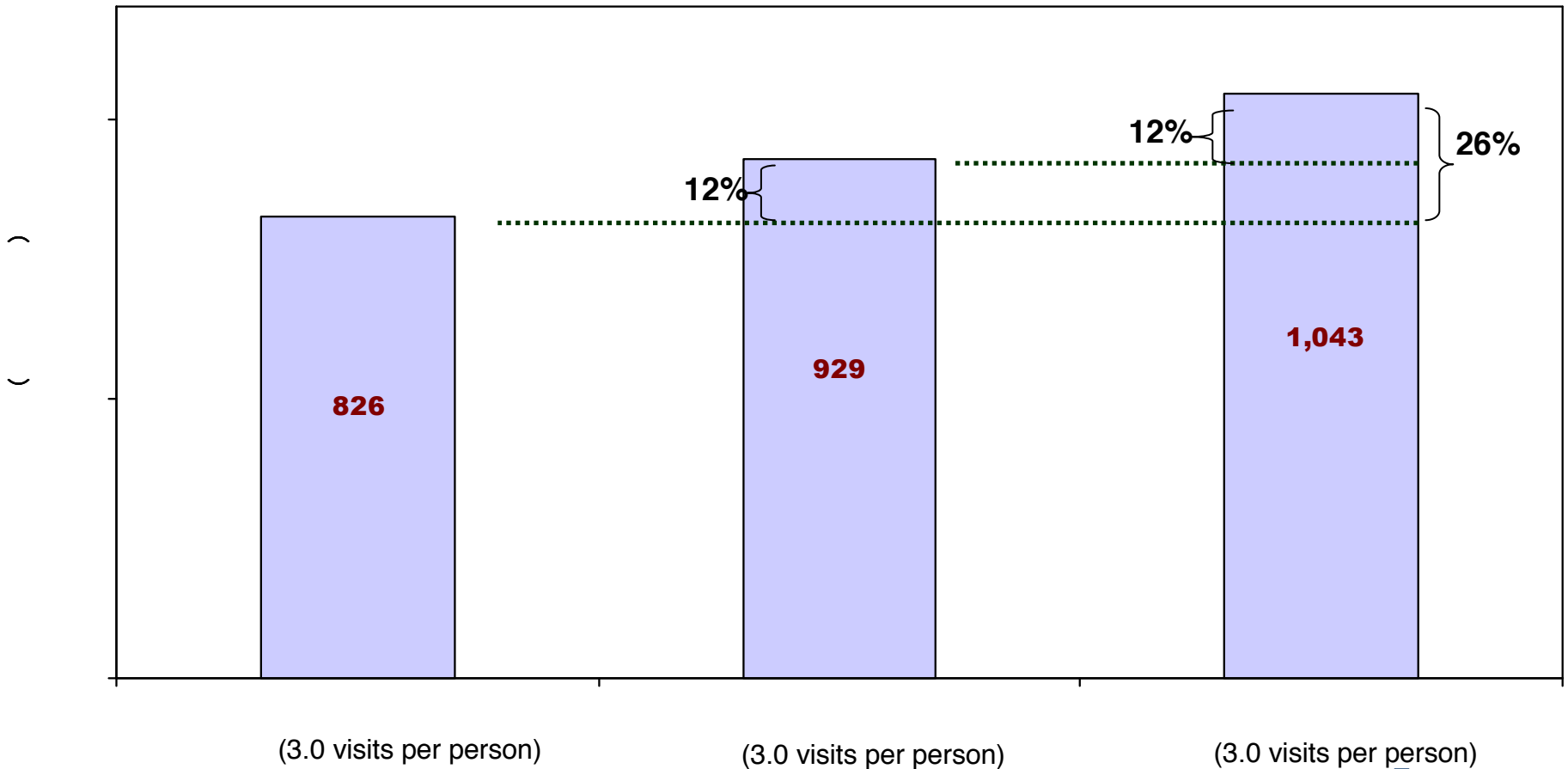


Source: NAMCS, 1980, 1990, 2000 & 2003  
 Prepared by AAMC Center for Workforce Studies





# Physician Visits Will Rise Significantly Due to the Aging and Growth of the Population: 26% if visit Rates Stay at the 2000 Level



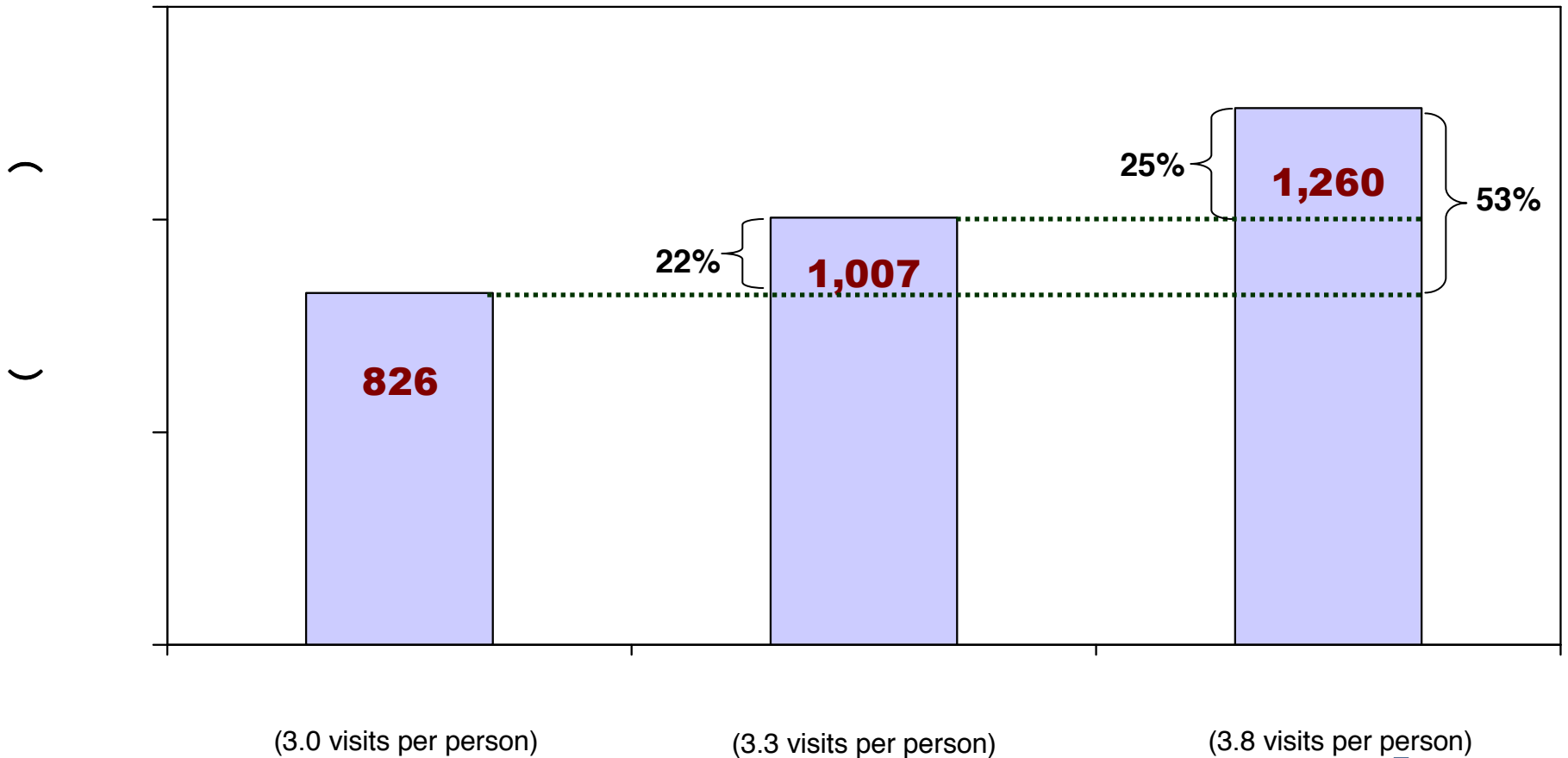
Sources: NAMCS, 1980, 1990 & 2002

US Census, Projected Population of the United States, by Age and Sex: 2000 to 2050

Prepared by AAMC Center for Workforce Studies



# If Visit Rates Continue to Rise as They Did etween 1980 and 2000, Visits to Physicians Will Rise Very Sharply by 2020



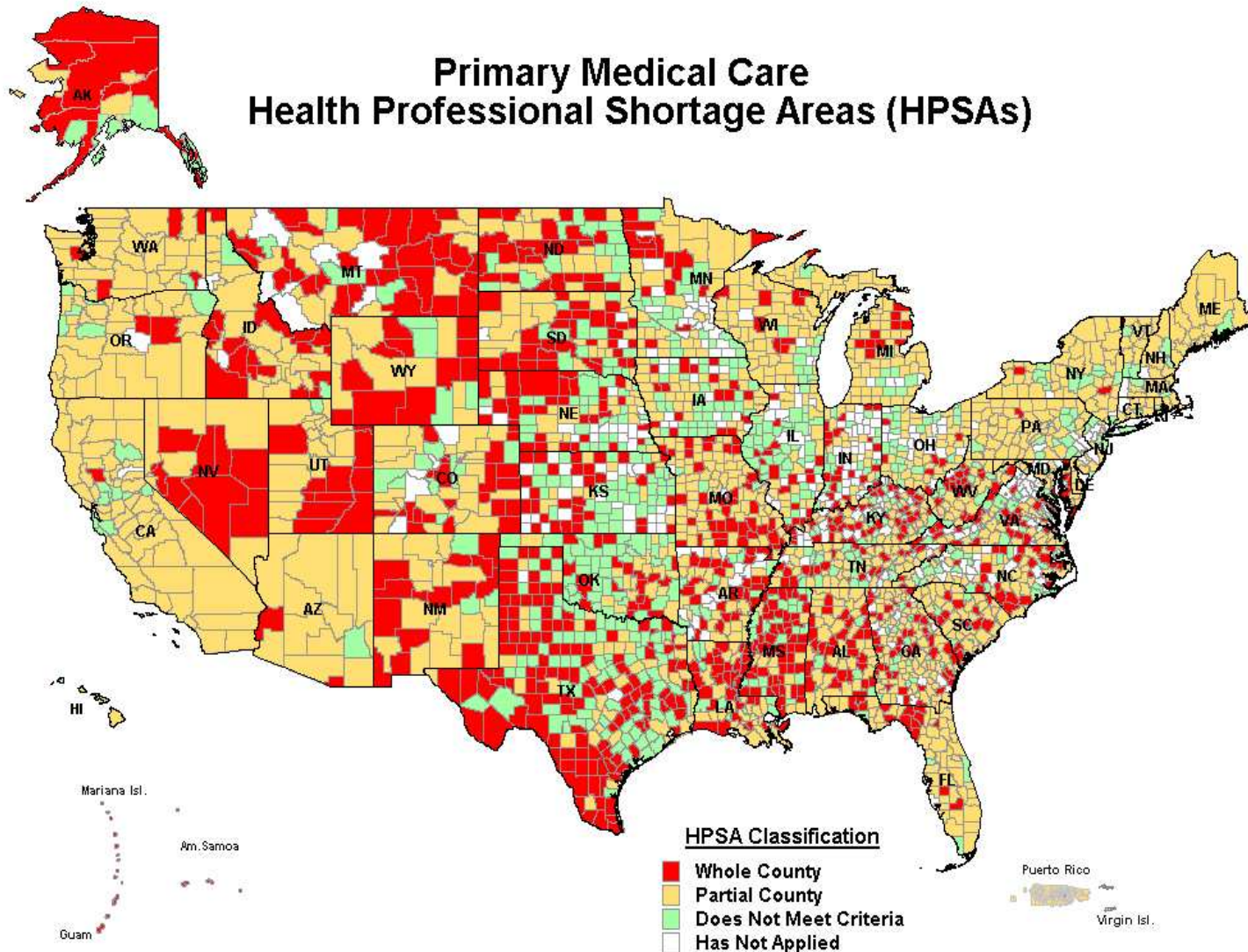
Sources: NAMCS, 1980, 1990 & 2002

US Census, Projected Population of the United States, by Age and Sex: 2000 to 2050

Prepared by AAMC Center for Workforce Studies



# Unmet Need Already Exists--30 million people



Source: HRSA/AAFP

November, 2001

# Recent State Studies with Findings of Shortages

- **California, 2004**
- **Mississippi, 2004**
- **North Carolina, 2004**
- **Texas, 2002**
- **Wisconsin, 2004**
- **Arizona, 2005**
- **Georgia, 2005**
- **Kentucky, 2005**
- **Massachusetts, 2005**
- **Michigan, 2005**
- **Oregon, 2005**

# Recent Specialty Specific Studies with Findings of Shortages

- Critical Care, 2000
- Pediatric Subspecialties, 2000
- Endocrinology, 2002
- Geriatric Medicine, 2003
- Neurosurgery, 2003
- Psychiatry, 2003
- Allergy and Immunology, 2004
- Cardiology, 2004
- Dermatology, 2004
- Medical Genetics, 2004
- Radiology, 2004

# Part II

## Medical School Enrollment: Challenges to Expansion

Results of the 2004 and 2005 AAMC  
Surveys of US Medical School Plans

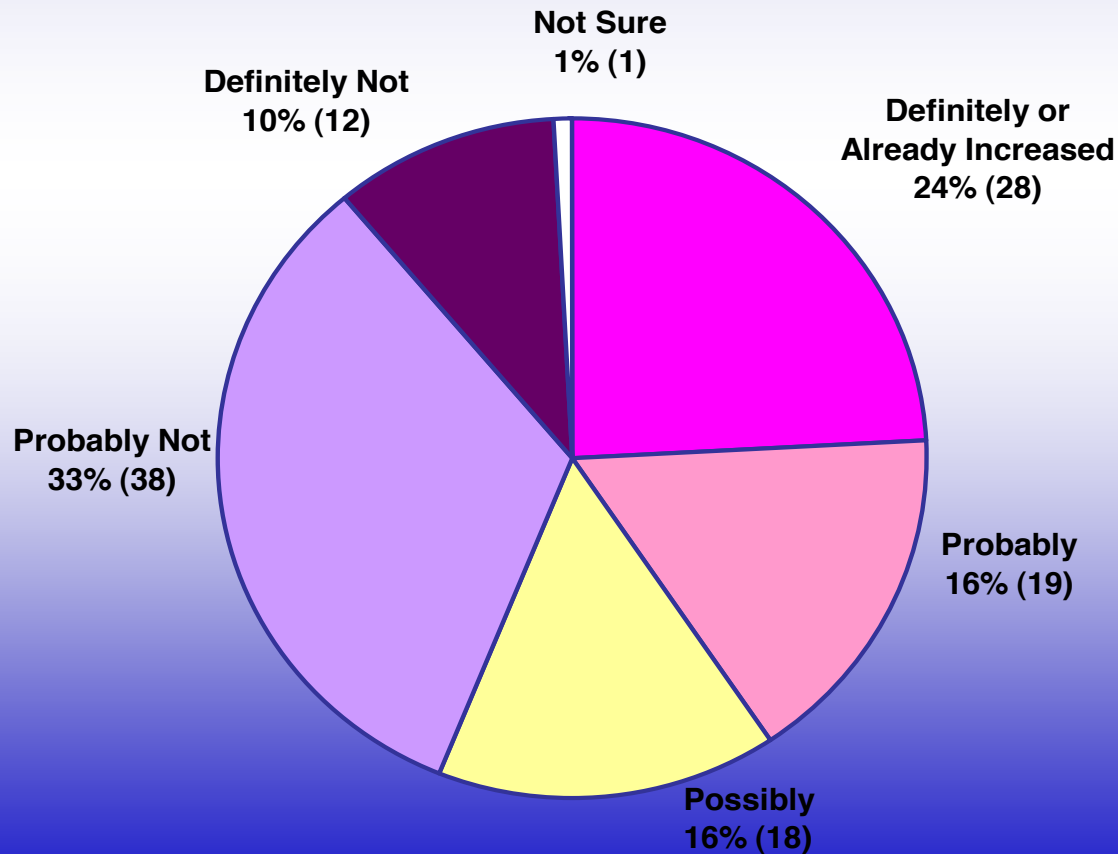


# Strategies to Increase the Supply of Physicians

1. Increase US medical school enrollment and graduations
  - Expand existing schools    add new ones
  - Support a more diverse physician workforce
  - Address barriers to expansion
2. Increase number of IMGs entering training
  - Growing concern over brain-drain
3. Retain active physicians longer
4. Increase productivity    effectiveness

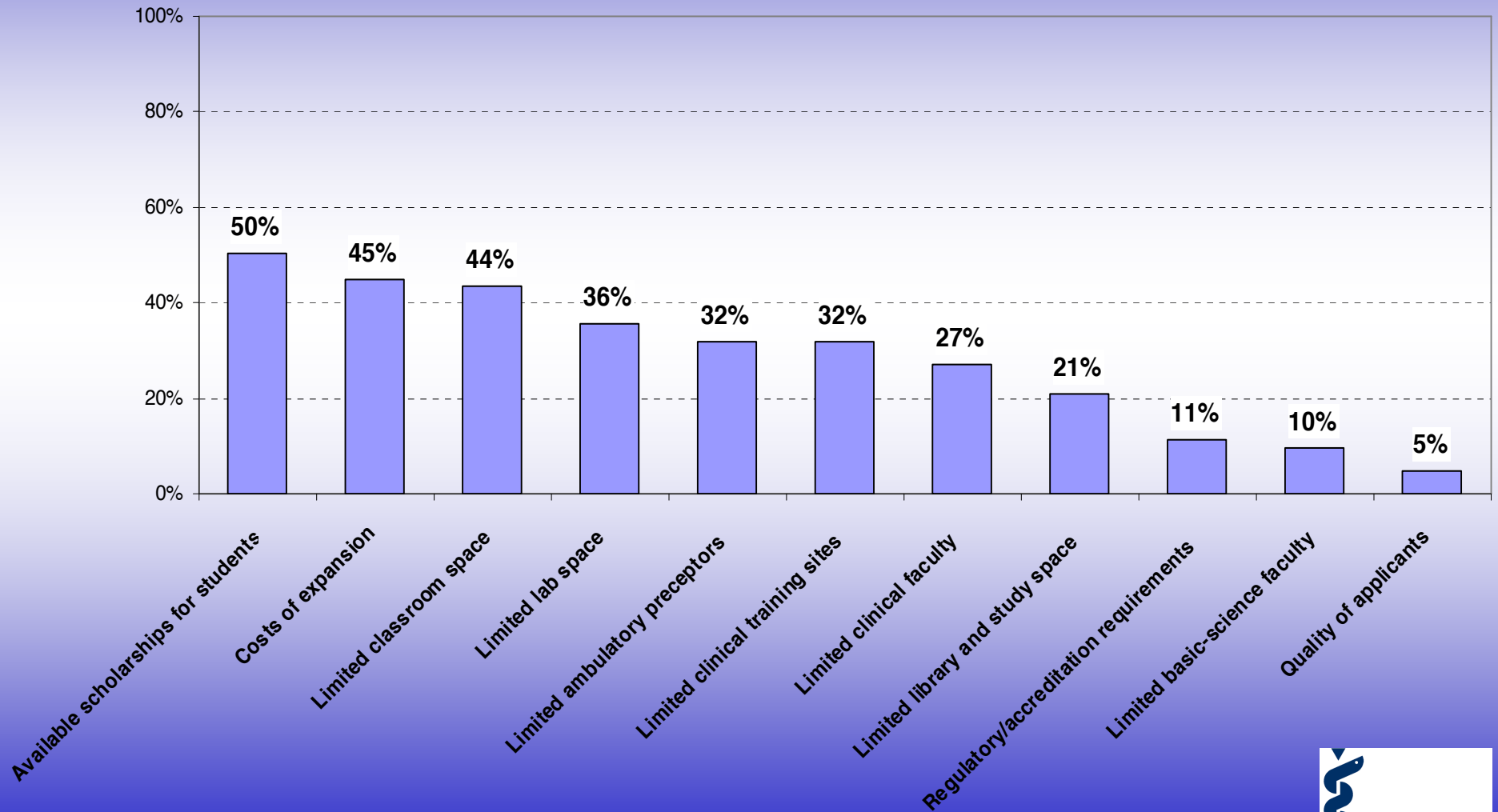
# Allopathic Schools 2005 Plans to Increase First-Year Enrollment between 2005 and 2011

(116 of 125 schools)



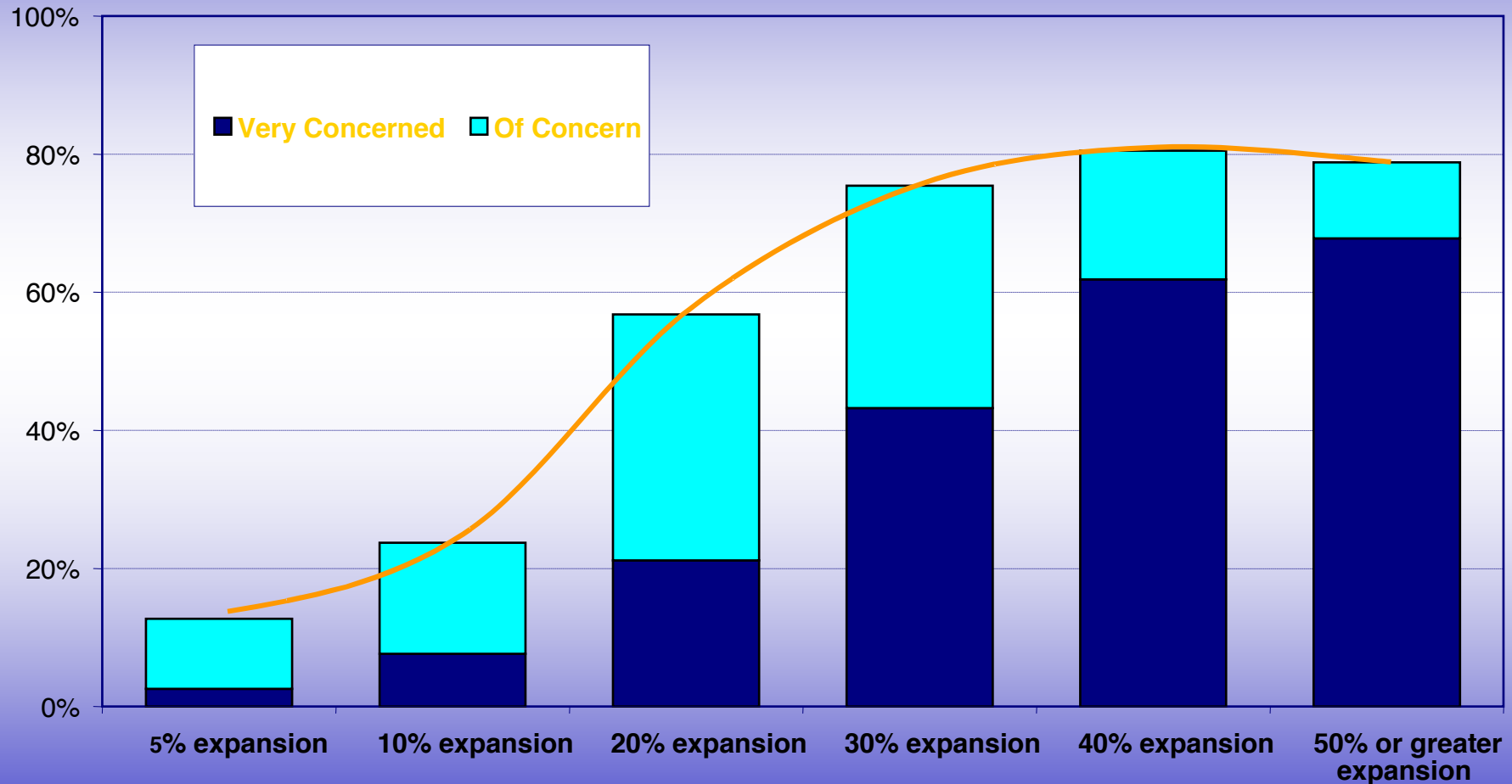


# Potential barriers to Enrollment Expansion: % of Respondents with Major or Very Significant Problem, 2005-06

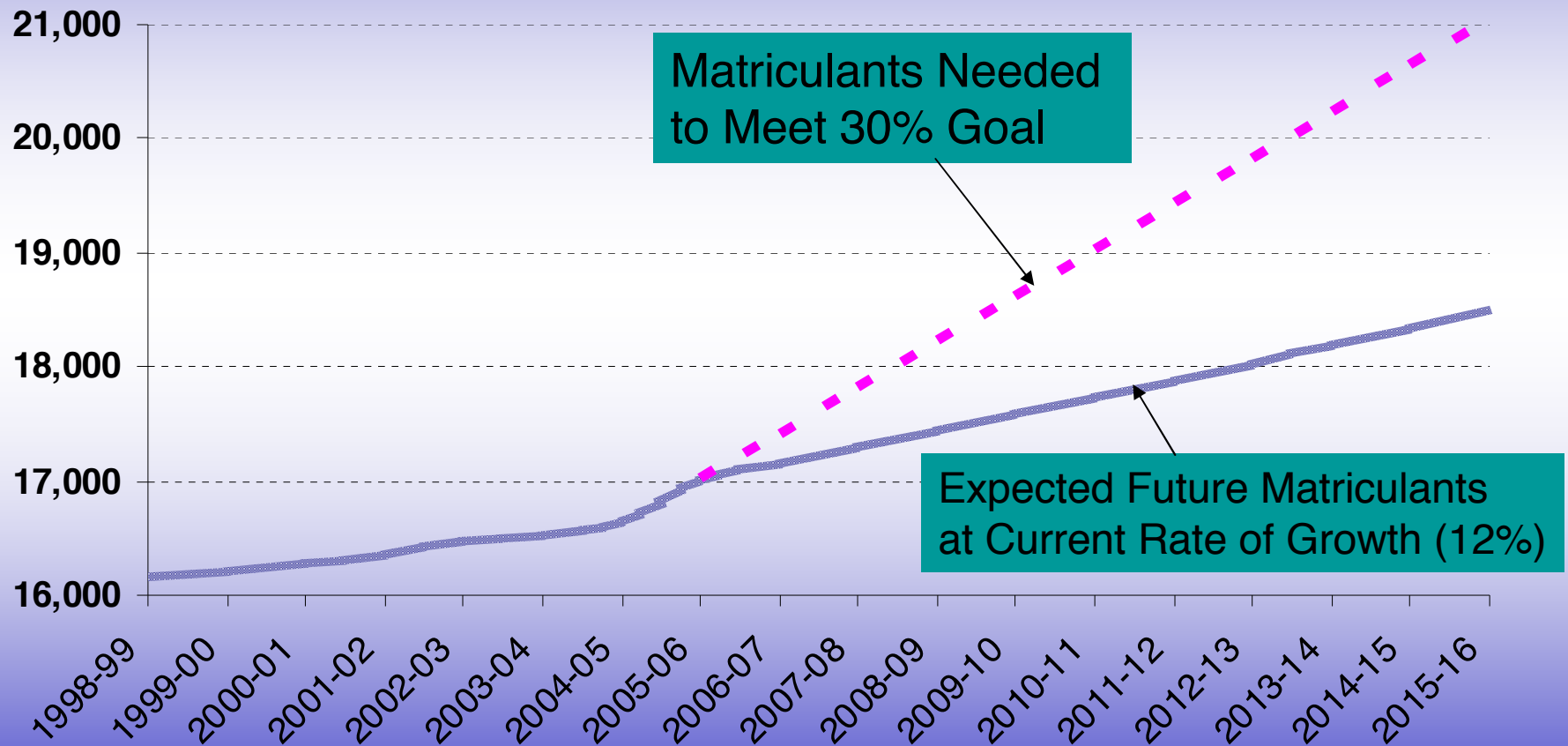


# Extent of Concern With Adequacy of Applicant Pool by Size of Enrollment Expansion

(n = 118 out of 125 Allopathic Schools)



# 30% Growth Requires An Additional 4,000 Allopathic Matriculants by 2015



## Methods for achieving the increase:

- Increase class size – Texas A&M
- New sites– Nevada; New Mexico
- New schools - Florida



# Other Difficulties

- Money
- Space
- Faculty



# Potential Solutions

- Money
  - New state support
  - New federal support?
- Space
  - Construction
  - Use of newer teaching methods
    - Web-based education
    - Simulators
- Faculty
  - Expansion beyond traditional faculty
    - Large community hospital
    - Sometime small ones (Harvard experiment)



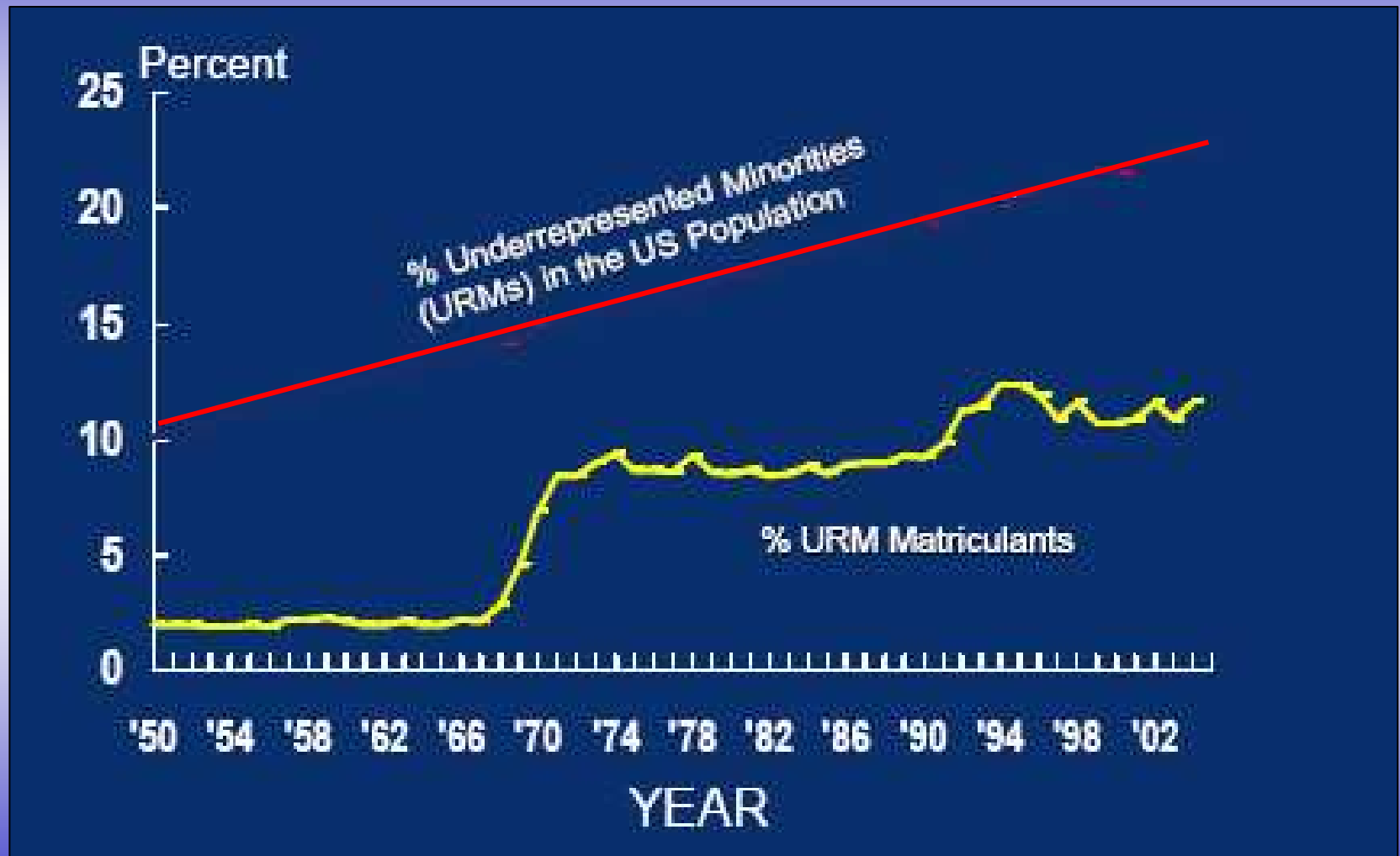
# But...

Just training more doctors is not enough...

We need different doctors...



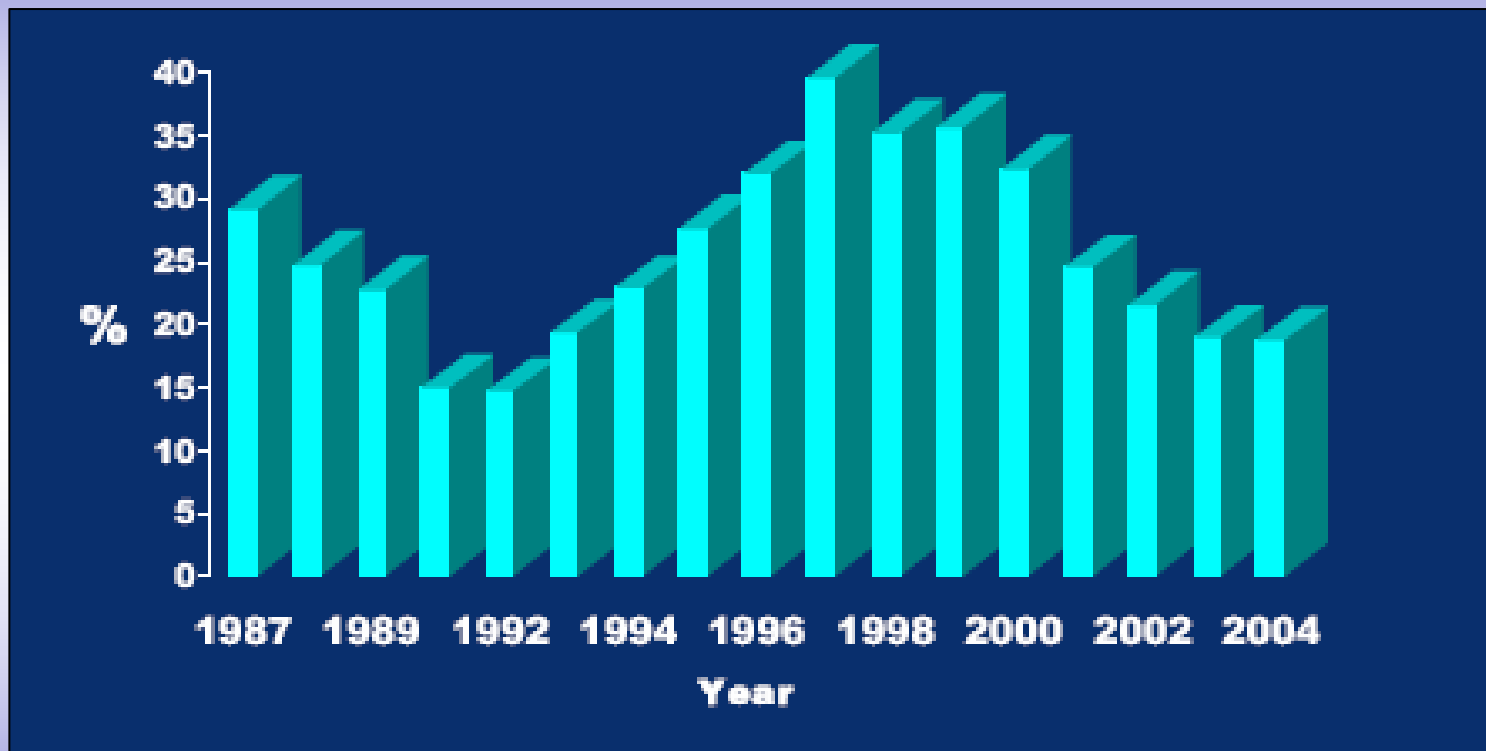
# Diversity



Source: Cohen, J: 21<sup>st</sup> Century Challenges for Medical Education; 9<sup>th</sup> International Medical Workforce Conference; Melbourne, Australia; November 2005



# Student Interest in Generalism



Family Practice, General Internal Medicine, or General Pediatrics  
AAMC Medical School Graduation Questionnaire

Source: Cohen, J: 21<sup>st</sup> Century Challenges for Medical Education; 9<sup>th</sup> International Medical Workforce Conference; Melbourne, Australia; November 2005

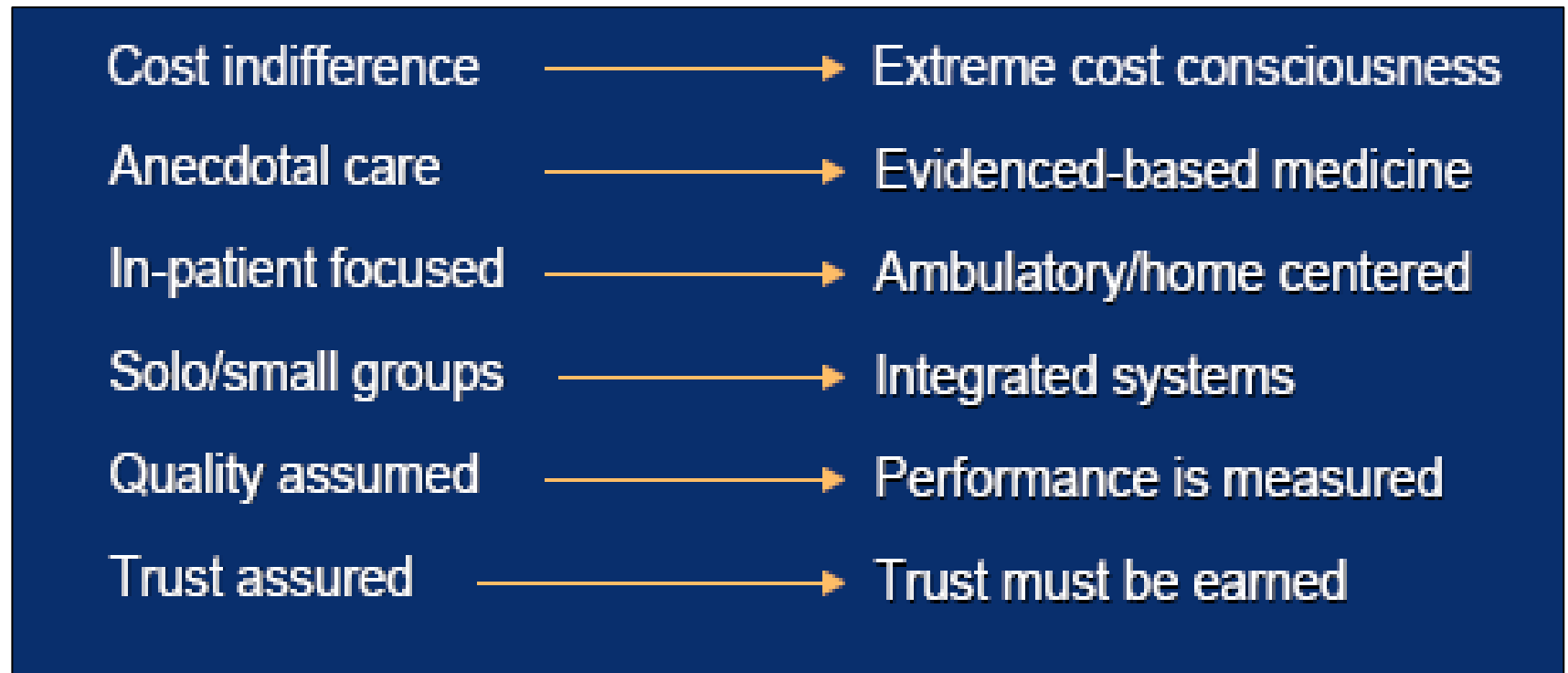
# Part III

## New Paradigms of Care

The individual	→	The community
Acute disease dominates	→	More chronic illness/disability
Episodic care	→	Continuous care
Cure of disease	→	Preservation of health
Reactive	→	Prospective
Physician provider	→	Teams of providers
Paternalism	→	Partnership with patients
Provider centered	→	Patient/family centered
Parochial health threats	→	Global health threats

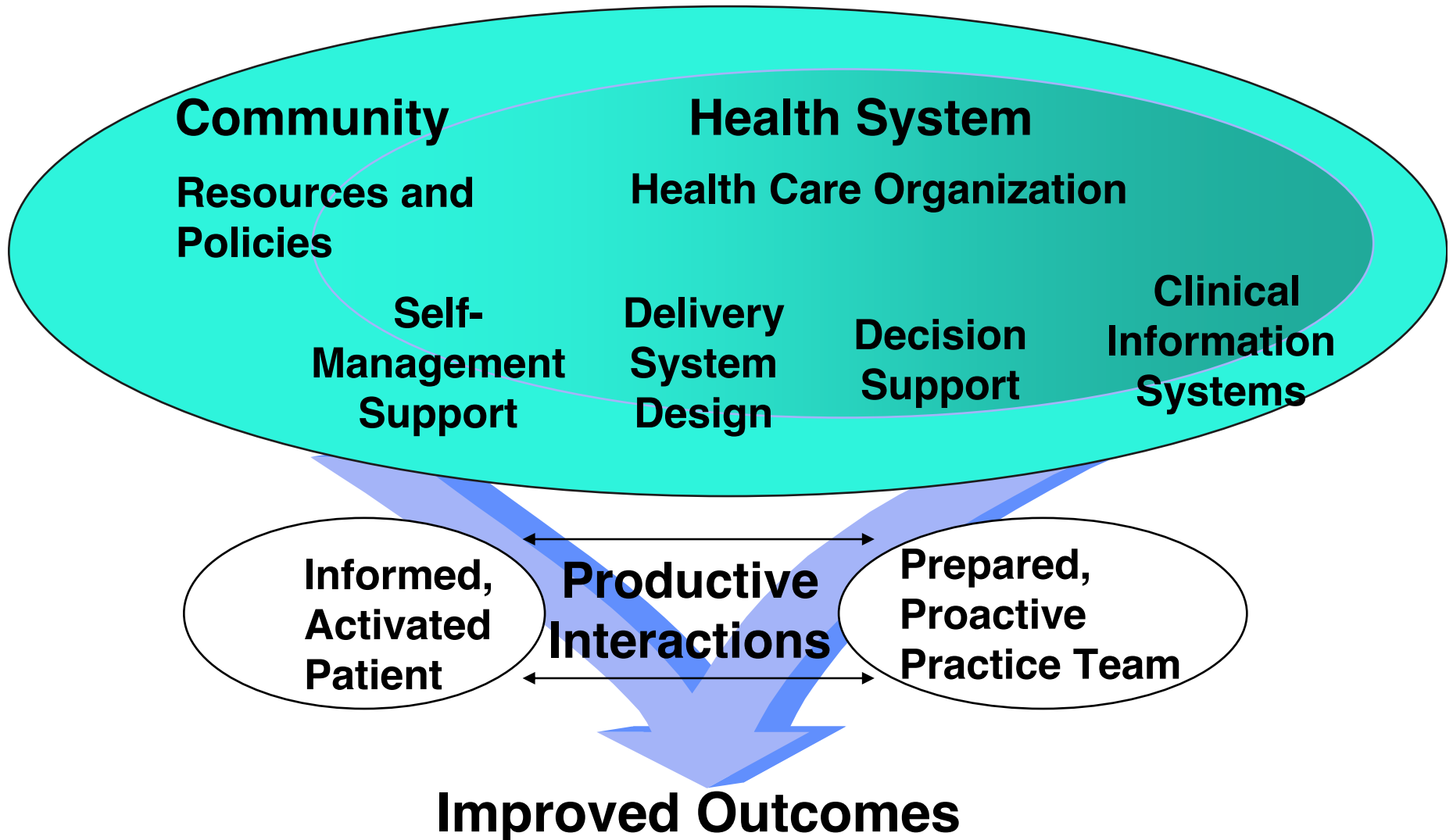
Source: Cohen, J: 21<sup>st</sup> Century Challenges for Medical Education; 9<sup>th</sup> International Medical Workforce Conference; Melbourne, Australia; November 2005

# New Models of Care



Source: Cohen, J: 21<sup>st</sup> Century Challenges for Medical Education; 9<sup>th</sup> International Medical Workforce Conference; Melbourne, Australia; November 2005

# Wagner Chronic Care Model





# Time for Care

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Current

Minimal time clinical guidelines\*

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Type of visit      Hours per day

Type of visit      Hours per day

Acute                  4.3

Acute                  4.3

Chronic               2.8

Chronic               10.6

Preventive           1.2

Preventive           7.4

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Total                  8.3

Total                  22.3

\*Panel of 2,500 patients with age, sex, and disease rates of the U.S. population

# New Models of Primary Care

*Old*

FPs

*New*

*EMRs*

*FPs*

*PAs/NPs*

*Disease  
Registries*

*RD*

*School Health  
Programs  
Occupational Health  
Programs  
Case Managers*